

CLINICAL EXPERIENCE

Licensed Marriage & Family Therapist (LMFT)
Licensed Professional Clinical Counselor (LPCC)
Kaiser Permanente - Reseda, CA

05/01 - Present

Individuals, couples, families, groups, adults and teens with a broad range of presenting problems. **Program Developer and Principle Therapist** in *Mindfulness Treatment Service*, providing services to clients and mentoring and training to colleagues. Member of the **Kaiser Southern California Regional Transgender Care Mental Health Committee**. Training and mentoring colleagues providing services for transgender clients. Evaluate transgender clients for hormone therapy and gender confirmation surgeries and provide ongoing services for transitioning, living and well-being. Former **Team Leader** for *Adolescent Treatment Program* and for *Couples Treatment Service*. Specializing in Start Anytime groups, Time-Delimited groups, Solution-Oriented Brief Therapy groups and Mindfulness groups and classes. Served on the Kaiser Panorama City **Intimate Family Violence Committee** from 2010-2013.

LMFT, LPCC
Private Practice
Westlake Village, CA

01/99 - Present

Individuals, couples, families, groups, adults and teens with a broad range of presenting problems as described above at Kaiser Permanente.

Founder & Clinical Director
NOW House Therapy Center - Encino, Westlake Village, CA

06/11 - 06/13

Using the Kaiser David Lawrence Community Service Award, created clinic, develop programs and services, supervise interns and staff, direct business development, direct office expansion to various service areas, development and implement technology services to facilitate and support programs and services.

Clinical Supervisor

California Family Counseling Center/Phillips Graduate Institute (PGI) - Reseda, CA
Valley Trauma Center (VTC), Van Nuys - Santa Clarita, CA

04/02 - 04/07

01/01 - 01/06

@PGI: Supervised MFT interns in their clinical practice in the Brief Therapy Program, focusing on practice influenced by the Solution-Oriented/PostModern Therapies (Solution-Focused, Narrative and Collaborative Language Systems). Helped interns become capable, competent and independent therapists. Supervision included helping therapists in training develop their own ways of providing helpful therapy, ways of connecting with their clients, ways to be self-aware and client-focused, ways to find and articulate theoretical models to assist them in their work and in the licensing process, ways to understand and use the DSM in their work and the licensing process, and ways to practice flexibility with models and diagnoses to remain focused on the helpfulness of therapy to their clients. @VTC: Supervised MFT trainees and interns in their clinical practice in ways similar to those described above in a program without a specific theoretical approach. Helped trainees and interns develop their own practices influenced by the theories of their choices.

MFT Intern & Trainee

Dr. Charles Hanson, Ph.D. Private Practice, Northridge, CA
Brief Therapy Program, Phillips Graduate Institute (PGI), N. Hollywood, CA
Valley Trauma Center (VTC), Northridge, CA

09/97 - 12/98

09/95 - 08/96

02/93 - 09/97

Individuals, couples, families, groups, adults and teens with a broad range of presenting problems. @PGI: This internship provided focused training in Solution-Oriented/Postmodern Therapies. @VTC: clients were recent survivors of sexual assault, adults molested as children, their families and friends. Handled crisis hotline calls, crisis intervention, intake and therapy sessions.

Workshop Presenter
See attached "Workshop Presentations"

Various Dates

TEACHING & RELATED EXPERIENCE

MINDFULNESS INSTRUCTOR

1/11 - Present

I am a UCLA Mindful Awareness Research Center (MARC) Certified Mindfulness Facilitator currently teaching secular Mindfulness classes/groups weekly in a healthcare setting at Kaiser Permanente in Reseda, CA and in corporate settings that have included Amgen in Thousand Oaks, CA, Disney in Burbank, CA and Fox Studios, Culver City, CA. I teach additional group and individual classes in my private practice in Westlake Village, CA and provide Mindfulness-Based, Solution Oriented life coaching and psychotherapy. I am a mentor for UCLA MARC's Long Distance Intensive Practice Program.

I designed and recorded a six week online Mindfulness Program for PlusOne/Amgen. I design and teach a variety of classes for the general public and for the specific needs of specific clients. Including single session introduction, start-anytime ongoing training, 6 or 8 week introductory classes, intermediate classes and speciality classes, including mindful eating, emotional resilience, mindfulness for couples, mindfulness for teens, etc. I also teach workshops and seminars in Mindfulness to psychotherapists and doctors to help them improve services to and outcomes for clients and patients and for their own well-being in their demanding and stressful jobs. I have a reputation for clear, concise and precise instruction that helps beginners take up Mindfulness and Mindfulness Meditation and helps seasoned practitioners improve and advance their practices.

INSTRUCTOR - MASTER'S LEVEL

2/04 - 9/13

Phillips Graduate Institute, Encino, CA
PSY650A/B/C Postmodern Therapies

9/05 - 9/13

California State University, Northridge, Northridge, CA
Department of Educational Psychology & Counseling:
659 B Counseling Skills, 670 Family Therapy, 677 Counseling Couples

2/04 - 6/06

Walk a Mile in Her Shoes®

2/01 - Present

The International Men's March to Stop Rape, Sexual Assault & Gender Violence
Venture Humanity, Inc. - www.walkamileinhershoes.org

Founder of a successful international public education campaign to engage men in their local communities in efforts at educating about the effects of sexualized violence, preventing sexualized violence, providing resources for overcoming the effects of sexualized violence and raising funds for local rape crisis centers and domestic violence shelters. Responsible for press, public outreach, strategic support, coaching and advising local organizers. Formed Venture Humanity, Inc. as a non-profit corporation to aid in these efforts.

Continuing Education Provider

6/06 - Present

Venture Humanity, Inc.

As President of Ventura Humanity, Inc., created, developed and implemented an on-going Continuing Education program and curriculum for LMFTs and LCSWs. Facilitated most of the workshop/classes. Recruited other instructors, developed and implemented advertising, promoted the program, provided CEUs through provider number PCE 4287.

Training Coordinator & Director of Training

4/96 - 12/98 & 2/96 - 12/96

Valley Trauma Center, Northridge, CA

Training Coordinator: Created, developed and implemented an on-going Continuing Education program for Psychologists, LMFTs, LCSWs. Recruited instructors, developed and implemented advertising, promoted the program, arranged for continuing education credits, managed the budget and records, developed a computer database to facilitate program management, managed on-site production of the programs. **Director of Training:** Valley Trauma Center provided 60 hour California State Sexual Assault Counselor Certification Training Programs each year. Arranged for speakers, managed schedule, taught several modules, monitored attendees for training satisfaction and emotional well-being (due to the nature of material presented).

FRANK BAIRD

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Professional Clinical Counselor • California License #LPC218
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EDUCATION

Master of Arts - Marriage Family Child Counselor
California Family Study Center/Phillips Graduate Institute, North Hollywood, CA - 1995

Bachelor of Arts - Film Production
San Francisco State University, San Francisco, CA - 1985

Associate of Arts - Theater Arts: Directing-Acting
Santa Barbara City College, Santa Barbara, CA - 1982

ADDITIONAL TRAINING

UCLA Mindful Awareness Research Center Certified Mindfulness Meditation Facilitator
Diana Winston & Marvin Belzer - Los Angeles, CA

Facilitator Training - Noah Levine, JoAnna Harper & Vinny Ferraro - Los Angeles, CA

Mindfulness Based Stress Reduction - Gloria Kamler, M.A. - Santa Monica, CA

Sexual Assault Counselor (CA State Certified)
Charles Hanson, Ph.D. Valley Trauma Center - California State University Northridge, Northridge, CA

Critical Incident Stress Debriefing Level 1 (ICISF Certified) - Robert Scott, Ph.D. and Capt. (Ret.) Chip Theodore - International Critical Incident Stress Foundation, Northridge, CA

Solution-Focused - Narrative Therapy - Collaborative Language Systems Training
Jennifer Andrews, Ph.D., David Clarke, Ph.D., David Marsten, LCSW, PACE, CALFAM, N. Hollywood, CA

Gestalt - Redecision - Existential Therapy Training - Chris Varnes, M.A., Moon Kerson, Ph.D., CAL-FAM, North Hollywood, CA

Movement Expression Instructor (Certified) - Eve Athey Ray, MA, LMFT - West Los Angeles, CA

AWARDS & HONORS

David Lawrence Community Service Award	2011
Peter Markin Merit Award	2007
Kaiser's Everyday Hero Award	2005
Equality Now: On the Road to Equality, Honoring Men on the Front Lines	2006

PUBLISHED ARTICLES

Developing Your Private Practice with Moccachino - Therapy Humor
CAMFT Newsletter - Ventura County - January/February 2006

My Ambivalent Relationship with Pomo
Journal of Systemic Therapies, Vol. 23, No. 1, Spring 2004

Therapeutic Letter Writing: Creating Relational Case Notes
The Family Journal, Vol. 5, April 1998, with J. Andrews & D. Clark

A Narrative Context for Conversations with Adult Survivors of Childhood Sexual Abuse
Progress, 1996

SAMPLE WORKSHOP PRESENTATIONS

Mindfulness & Meditation Webinar - Amgen - Thousand Oaks, CA

Mindfulness Skills & Parkinson's Disease - Parkinson's Support Group - Westlake Village, CA

Mindfulness for Teachers & Staff - John Thomas Dye School - Los Angeles, CA

Mindful Awareness Practices for Doctors, Therapists and Their Clients - Kaiser - Reseda, CA

Mindful Skills for Preparing for and Recovering from Bariatric Surgery - Kaiser - Panorama City, CA

Annual Walk a Mile in Her Shoes: The Men's March to Stop Rape, Sexual Assault & Gender Violence
March Founder - www.walkamileinhershoes.org

Solution-Oriented Therapy with Sexual Assault Survivors
LA County Wrap-Around Services - Van Nuys, CA

Solution-Focused Therapy - An Introduction
Antioch University - Santa Barbara, CA
Phillips Graduate Institute - Encino, CA
Valley Trauma Center - Van Nuys, CA

Keynote Speaker - 9th Annual Postmodern Therapies Participant's Conference, Malibu, CA

Promoting Gender Equality - Ending Violence Against Women Conference, Reseda, CA

Working with Teens - Phillips Graduate Institute - Encino, CA

An Introduction to Narrative Therapy
California State University, Northridge - Northridge, CA & Jewish Family Services - Ventura, CA

Introduction to Solution Oriented Therapies - Kaiser - Reseda, CA

Internet Life - The Very Real Effects of Virtual Reality - Phillips Graduate Institute - Encino, CA

Professional Ethics and Career Opportunities - Phillips Graduate Institute - Encino, CA

Counseling Sexual Assault Survivors - Women's Clinic and Counseling Center - Los Angeles, CA

Stress: What It Does, What You Can Do - Women's Council of Realtors - Ventura County, CA

Sexual Assault Survivors: Reclaiming Their Lives Through Narrative Therapy
CAMFT - Ventura Chapter - Ventura, CA & Valley Trauma Center - Northridge, CA

Letterwriting to Clients: What's in it for Therapists?
Narrative Therapy Participant's Conference - Malibu, CA

The Language of Listening - Valley Trauma Center - Northridge, CA

Crisis Intervention - Counseling Sexual Assault Survivors - Valley Trauma Center - Northridge, CA

Cultural Diversity - Valley Trauma Center - Northridge, CA

Therapeutic Letter Writing: Creating Relational Case Notes - Phillips Graduate Institute - Encino, CA

Role Plays - Valley Trauma Center - Northridge, CA

Day of Dialogue - Race Relations - California Family Counseling Center - Encino, CA

MEDIA APPEARANCES

Definitely Not The Opera

The Experience of Walking a Mile in Women's Shoes

CBC Radio Radio One & Sirius 159 - 1/14/12

The Jay Thomas Show

Walk a Mile in Her Shoes: The International Men's March to Stop Rape, Sexual Assault & Gender Violence

Sirius Radio Network, Channel 102 - 5/27/08- Nationwide

Maria Sanchez Show

Walk a Mile in Her Shoes: The International Men's March to Stop Rape, Sexual Assault & Gender Violence

KVTA 1520 - 4/3/08- Ventura County, CA

Starting Over

Consulting with Jacyn about Sexual Assault Recovery

NBC Nationally Syndicated - Originally Aired 10/3/05

The Bradley Quick Experience

Walk a Mile in Her Shoes: The Men's March to Stop Rape, Sexual Assault & Gender Violence

KRLA 870 AM - 4/16/05 - Los Angeles, CA

Lifetime Radio with Donna Britt

Walk a Mile in Her Shoes: The Men's March to Stop Rape, Sexual Assault & Gender Violence

Nationally Syndicated - 4/13/05

Uprising with Sonali Kolhatkar

Walk a Mile in Her Shoes: The Men's March to Stop Rape, Sexual Assault & Gender Violence

KPFK/Pacifica Radio - 4/21/04 - Los Angeles, CA

Visions & Views with Pat Prescott

Walk a Mile in Her Shoes: The Men's March to Stop Rape, Sexual Assault & Gender Violence

94.7 The Wave Radio - 4/18/04 - Los Angeles, CA

Visions & Views with Pat Prescott

Post Trauma Stress - What to Expect, What to Do

94.7 The Wave Radio - 4/18/04 - Los Angeles, CA

Dave Koz in the Morning

Post Trauma Stress in the Aftermath of the 9/11/01 Terrorist Attacks

94.7 The Wave Radio - 9/12/01 - Los Angeles, CA